



## InterQual® Adult and Geriatric Psychiatry Criteria

# InterQual® 2024 March Release Clinical Revisions

Release date: March 22, 2024

## Revisions sections

The following sections describe the criteria revisions for this release.

### [Revisions to criteria](#)

[Inpatient](#)


[Residential Treatment Center](#)

[Partial Hospital Program](#)

[Intensive Outpatient Program](#)

[Outpatient](#)

## Revisions to criteria

 <b>Revision Summary</b>	<p>We updated our eating disorder content due to the publication of the American Psychiatric Association (APA) “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023.</p> <p>Hover functionality was added to select criteria.</p> <p>CMS icons were added to IQC content with CMS notes.</p>
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## Inpatient

Episode Day 1		
Location	Revision	Rationale
Eating disorder symptom unstable Unstable medical or acute refeeding complication of eating disorder Electrolyte imbalance	Removed "Phosphate 1.0-2.0 mg/dL (0.32-0.65 mmol/L)"  Added "Phosphate 1.0-1.4 mg/dL (0.32-0.45 mmol/L)"	Updated to maintain consistency with acute medical criteria. A phosphate level of greater than 1.4 mg/dL does not routinely require inpatient treatment.
Eating disorder symptom unstable Unstable medical or acute refeeding complication of eating disorder	Removed "Heart rate, sustained" and subcriteria: • "Greater than 110 per minute" • "Less than 40 per minute"  Added "Heart rate less than 50 per min, sustained"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Eating disorder symptom unstable Unstable medical or acute refeeding complication of eating disorder	Removed "Orthostatic changes in heart rate at least 20 per minute"  Added "Orthostatic changes in heart rate greater than 30 per minute"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Eating disorder symptom unstable Unstable medical or acute refeeding complication of eating disorder	Removed "QTc interval prolonged on ECG" and subcriteria: • "Greater than 460 milliseconds in females" • "Greater than 440 milliseconds in males"  Added "QTc greater than 450 milliseconds"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Eating disorder symptom unstable Unstable medical or acute refeeding complication of eating disorder	Removed "Temperature less than 97°F (36.1°C) PO"  Added "Temperature less than 96.8°F (36°C) PO"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Eating disorder symptom unstable Unstable medical or acute refeeding complication of eating disorder	Removed "Tonic-clonic seizures"  Added "Seizure"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.

Episode Day 1		
Location	Revision	Rationale
Eating disorder symptom unstable Weight	Removed “75% (0.75) or less of ideal body weight”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.
Eating disorder symptom unstable Weight	Removed “BMI less than 16”  Added “BMI less than 15”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023.
Eating disorder symptom unstable Weight	Removed “Weight loss at least 15% (0.15) in last month”  Added “Weight loss greater than 10% (0.10) in last 6 months or greater than 20% (0.20) in the last year”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023.
Mania	Removed “Mania” and subheadings “Associated symptoms” and “Risk of harm to self or others within last 24 hours”  Added “Mania and associated symptoms with risk of harm to self or others” and subcriteria: <ul style="list-style-type: none"> <li>• “Excessive motor activity”</li> <li>• “Flight of ideas”</li> <li>• “Grandiosity”</li> <li>• “Pressured speech”</li> </ul>	Restructured for ease of use.
Nonsuicidal self-injury within last 6 hours and continued danger to self	Removed “Nonsuicidal self-injury within last 6 hours and continued danger to self”  Added “Nonsuicidal self-injury and continued danger to self”	Updated to focus on risk of harm versus a timeframe.
Positive psychotic symptoms and risk of harm to self or others	Removed “Brandishing a weapon within last 24 hours”  Added “Brandishing a weapon”	Updated to focus on risk of harm versus a timeframe.

Episode Day 1		
Location	Revision	Rationale
Suicide Ideation and risk of attempt	Added "Chronic pain"	Updated because chronic pain with suicidal ideation is a risk factor for death by suicide.
Suicide Ideation and risk of attempt	Added "Depression symptom severe"	Updated because severe depression is a risk factor for death by suicide.
Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Co-occurring medical instability and psychiatric symptoms exacerbated Medical intervention within last 24 hours	Removed "IV fluids" and all subcriteria: <ul style="list-style-type: none"> <li>• "At least 75mL/h" and all subcriteria</li> <li>• "At least 100 mL/h and weight at least 60kg"</li> </ul> Added "IV fluid"	Updated to maintain consistency with acute medical criteria.
Symptom improving or expected to improve and not clinically stable for discharge Co-occurring medical instability and psychiatric symptoms exacerbated Medical intervention within last 24 hours Refusal or unable to eat independently	Removed "Nasogastric or parenteral feedings"  Added "Tube Feeding"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023. Parenteral feedings require intensive medical monitoring.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication Electrolyte imbalance	Removed "Phosphate 1.0-2.0 mg/dL (0.32-0.65 mmol/L)"  Added "Phosphate 1.0-1.4 mg/dL (0.32-0.45 mmol/L)"	Updated to maintain consistency with acute medical criteria. A phosphate level of greater than 1.4 mg/dL does not routinely require inpatient treatment.

Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Heart rate, sustained" and subcriteria: <ul style="list-style-type: none"> <li>• "Greater than 110 per minute"</li> <li>• "Less than 40 per minute"</li> </ul> Added "Heart rate less than 50 per min, sustained"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Ileus or diarrhea"	Removed as it was not included as an indication for inpatient care in the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Orthostatic changes in heart rate at least 20 per minute"  Added "Orthostatic changes in heart rate greater than 30 per min"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "QTc interval prolonged on ECG" and subcriteria: <ul style="list-style-type: none"> <li>• "Greater than 460 milliseconds in females"</li> <li>• "Greater than 440 milliseconds in males"</li> </ul> Added "QTc greater than 450 milliseconds"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Temperature less than 97°F (36.1°C) PO"  Added "Temperature less than 96.8°F (36°C) PO"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.

Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Tonic-clonic seizures"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added "Seizure"	
Finding present within last 24 hours		
Eating disorder symptom or treatment complication		
Symptom improving or expected to improve and not clinically stable for discharge	Added "BMI less than 15"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability		
Finding present within last 24 hours		
Eating disorder symptom or treatment complication		
Unable to achieve prescribed weight		
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Weight" and subcriteria:	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	<ul style="list-style-type: none"> <li>"75% (0.75) or less of ideal body weight"</li> <li>"BMI less than 16"</li> </ul>	
Finding present within last 24 hours		
Eating disorder symptom or treatment complication		
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Fire set on unit or attempted within last 48 hours"	Updated to focus on risk of harm versus a timeframe.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added "Fire set on unit or attempted recently and high risk of re-occurrence"	
Finding present within last 24 hours		
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Attempt within last 48 hours"	Updated to focus on risk of harm versus a timeframe.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added "Recent attempt and high risk of re-occurrence"	
Finding present within last 24 hours		
Homicide		

Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Perpetrator of sexual assault or rape within last 48 hours"	Updated to focus on risk of harm versus a timeframe.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added "Perpetrator of sexual assault or rape recent and high risk of re-occurrence"	
Finding present within last 24 hours		
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Attempt within last 48 hours"	Updated to focus on risk of harm versus a timeframe.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added "Recent attempt and continued high risk of re-occurrence"	
Finding present within last 24 hours		
Suicide		
Symptom improving or expected to improve and not clinically stable for discharge	Added "Blood glucose monitoring"	Updated as "Blood glucose monitoring" includes the intervention "Fluid or food to correct hypoglycemia."
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Removed "Fluid or food to correct hypoglycemia"	
Intervention within last 24 hours		
Eating disorder specific treatment		
Interventions		
Symptom improving or expected to improve and not clinically stable for discharge	Removed "IV fluids" and all subcriteria:	Updated to maintain consistency with acute medical criteria.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	<ul style="list-style-type: none"> <li>"At least 75mL/h" and all subcriteria</li> <li>"At least 100 mL/h and weight at least 60kg"</li> </ul>	
Intervention within last 24 hours	Added "IV fluid"	
Eating disorder specific treatment		
Interventions		

Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge	Removed “Nasogastric or parenteral feedings”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023. Parenteral feedings require intensive medical monitoring.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added “Tube feeding”	
Intervention within last 24 hours		
Eating disorder specific treatment Interventions		
Symptom improving or expected to improve and not clinically stable for discharge	Removed “Vital signs at least every 4 hours for medical instability”	This is standard of care at the inpatient level of care.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability		
Intervention within last 24 hours		
Eating disorder specific treatment Interventions		
Symptom improving or expected to improve and not clinically stable for discharge	Removed “IV fluids and diagnosis other than eating disorder” and all subcriteria:	Updated to maintain consistency with acute medical criteria.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	<ul style="list-style-type: none"> <li>• “At least 75mL/h” and all subcriteria</li> <li>• “At least 100 mL/h and weight at least 60kg”</li> </ul>	
Intervention within last 24 hours	Added “IV fluid and diagnosis other than eating disorder”	
Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge	Removed “IV fluids” and all subcriteria:	Updated to maintain consistency with acute medical criteria.
Co-occurring medical instability and psychiatric symptoms exacerbated	<ul style="list-style-type: none"> <li>• “At least 75mL/h” and all subcriteria</li> <li>• “At least 100 mL/h and weight at least 60kg”</li> </ul>	
Medical intervention within last 24 hours	Added “IV fluid”	



Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Co-occurring medical instability and psychiatric symptoms exacerbated Medical intervention within last 24 hours Refusal or unable to eat independently	Removed "Nasogastric or parenteral feedings" Added "Tube Feeding"	Parenteral feedings require intensive medical monitoring.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication Electrolyte imbalance	Removed "Phosphate 1.0-2.0 mg/dL (0.32-0.65 mmol/L)" Added "Phosphate 1.0-1.4 mg/dL (0.32-0.45 mmol/L)"	Updated to maintain consistency with acute medical criteria. A phosphate level of greater than 1.4 mg/dL does not routinely require inpatient treatment.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Heart rate, sustained" and subcriteria: • "Greater than 110 per minute" • "Less than 40 per minute"  Added "Heart rate less than 50 per min, sustained"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Ileus or diarrhea"	Removed as it was not included as an indication for inpatient care in the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.

Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Orthostatic changes in heart rate at least 20 per minute"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added "Orthostatic changes in heart rate greater than 30 per min"	
Finding present within last 24 hours		
Eating disorder symptom or treatment complication		
Symptom improving or expected to improve and not clinically stable for discharge	Removed "QTc interval prolonged on ECG" and subcriteria:	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	<ul style="list-style-type: none"> <li>• "Greater than 460 milliseconds in females"</li> <li>• "Greater than 440 milliseconds in males"</li> </ul>	
Finding present within last 24 hours		
Eating disorder symptom or treatment complication	Added "QTc greater than 450 milliseconds"	
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Temperature less than 97°F (36.1°C) PO"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added "Temperature less than 96.8°F (36°C) PO"	
Finding present within last 24 hours		
Eating disorder symptom or treatment complication		
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Tonic-clonic seizures"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Severe and persistent mental illness or autism spectrum disorder or intellectual disability	Added "Seizure"	
Finding present within last 24 hours		
Eating disorder symptom or treatment complication		

Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication Unable to achieve prescribed weight	Added "BMI less than 15"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Weight" and subcriteria: "75% (0.75) or less of ideal body weight"  "BMI less than 16"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours	Removed "Fire set on unit or attempted within last 48 hours" Added "Fire set on unit or attempted recently and high risk of re-occurrence"	Updated to focus on risk of harm versus a timeframe.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Homicide	Removed "Attempt within last 48 hours" Added "Recent attempt and high risk of re-occurrence"	Updated to focus on risk of harm versus a timeframe.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours	Removed "Perpetrator of sexual assault or rape within last 48 hours" Added "Perpetrator of sexual assault or rape recent and high risk of re-occurrence"	Updated to focus on risk of harm versus a timeframe.

## Episode Day 14-X

Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Finding present within last 24 hours Suicide	Removed "Attempt within last 48 hours" Added "Recent attempt and high risk of re-occurrence"	Updated to focus on risk of harm versus a timeframe.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Intervention within last 24 hours Eating disorder specific treatment Interventions	Added "Blood glucose monitoring"  Removed "Fluid or food to correct hypoglycemia"	Updated as "Blood glucose monitoring" includes the intervention "Fluid or food to correct hypoglycemia."
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Intervention within last 24 hours Eating disorder specific treatment Interventions	Removed "IV fluids" and all subcriteria: <ul style="list-style-type: none"> <li>• "At least 75mL/h" and all subcriteria</li> <li>• "At least 100 mL/h and weight at least 60kg"</li> </ul> Added "IV fluid"	Updated to maintain consistency with acute medical criteria.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Intervention within last 24 hours Eating disorder specific treatment Interventions	Removed "Nasogastric or parenteral feedings" Added "Tube feeding"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023. Parenteral feedings require intensive medical monitoring.

Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Intervention within last 24 hours Eating disorder specific treatment Interventions	Removed “Vital signs at least every 4 hours for medical instability”	Updated to maintain consistency with acute medical criteria.
Symptom improving or expected to improve and not clinically stable for discharge Severe and persistent mental illness or autism spectrum disorder or intellectual disability Intervention within last 24 hours	Removed “IV fluids and diagnosis other than eating disorder” and all subcriteria: <ul style="list-style-type: none"> <li>• “At least 75mL/h” and all subcriteria</li> <li>• “At least 100 mL/h and weight at least 60kg”</li> </ul> Added “IV fluid and diagnosis other than eating disorder”	Updated to maintain consistency with acute medical criteria.

## Residential Treatment Center

Admission, Week 1		
Location	Revision	Rationale
Eating disorder symptom severe and unable to be managed at less intensive level of care Symptom	Removed “Recent and continuing weight loss and current weight more than 75% (0.75) but less than or equal 80% (0.80) ideal body weight “	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.

Episode Week 2		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge, Eating disorder Symptom within last week Unachieved prescribed weight or behaviors to prevent weight gain	Removed "Weight loss and weight more than 75% (0.75) but less than or equal 80% (0.80) ideal body weight"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.

Episode Week 3-X		
Location	Revision	Rationale
Table Symptom improving or expected to improve and not clinically stable for discharge, Eating disorder Symptom within last week Unachieved prescribed weight or behaviors to prevent weight gain	Removed "Weight loss and weight more than 75% (0.75) but less than or equal 80% (0.80) ideal body weight"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.

## Partial Hospital Program

Admission, Week 1		
Location	Revision	Rationale
Functional impairment Severe and change in baseline within last month	Added "Alleged perpetrator of abuse within last month"	Updated as there are specialized partial hospital programs for patients with histories of abuse.
Functional impairment Severe and change in baseline within last month	Removed "Alleged victim of abuse within the last month" Added "Experienced abuse within the last month"	Updated to reflect proper diversity equity and inclusion (DEI) language.

Admission, Week 1		
Location	Revision	Rationale
Symptom within last week Eating disorder Symptom	Removed “Recent and continuing weight loss and BMI at least 16 but less than 18”	Updated as there is a scarcity of literature supporting appropriate weight (BMI) for admission to partial hospital program.
Symptom within last week Eating disorder Symptom	Removed “Recent and continuing weight loss and weight greater than 75% (0.75) but less than or equal 85% (0.85) ideal body weight”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.
Episode Week 2		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge, Clinical finding within last week Eating disorder	Removed “Weight loss and BMI at least 16 but less than 18”	Updated as there is a scarcity of literature supporting appropriate weight (BMI) for admission or continuation of partial hospital program.
Symptom improving or expected to improve and not clinically stable for discharge, Clinical finding within last week Eating disorder	Removed “Weight loss and weight greater than 75% (0.75) but less than or equal to 85% (0.85) ideal body weight”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.
Symptom improving or expected to improve and not clinically stable for discharge, Clinical finding within last week Eating disorder	Added “Weight gain less than 1 lb (0.45 kg) per week and consuming prescribed calories for therapeutic weight gain”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023.
Symptom improving or expected to improve and not clinically stable for discharge, Clinical finding within last week Poor impulse control	Removed “Brandishing a weapon”	Updated as a higher level of care is indicated for a patient who brandishes a weapon and is in partial hospital program.

Episode Week 3-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge, Clinical finding within last week Eating disorder	Removed "Weight loss and BMI at least 16 but less than 18"	Updated as there is a scarcity of literature supporting appropriate weight (BMI) for admission or continuation of partial hospital program.
Symptom improving or expected to improve and not clinically stable for discharge, Clinical finding within last week Eating disorder	Removed "Weight loss and weight greater than 75% (0.75) but less than or equal to 85% (0.85) ideal body weight"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.
Symptom improving or expected to improve and not clinically stable for discharge, Clinical finding within last week Eating disorder	Added "Weight gain less than 1 lb (0.45 kg) per week and consuming prescribed calories for therapeutic weight gain"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge, Clinical finding within last week Poor impulse control	Removed "Brandishing a weapon"	Updated as a higher level of care is indicated for a patient who brandishes a weapon and is in partial hospital program.

## Intensive Outpatient Program

Admission, Week 1		
Location	Revision	Rationale
Functional impairment Moderate in severity and change in baseline within last month Impairment in social relations	Removed "Alleged victim of abuse within the last month" Added "Experienced abuse within the last month"	Updated to reflect proper diversity equity and inclusion (DEI) language.
Symptom within last week and interfering with daily functioning Eating disorder	Removed "Recent and continuing weight loss and weight greater than 85% (0.85) ideal body weight"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.



Episode Week 2-3		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Finding within last week Symptom Eating disorder	Removed “Weight loss and weight greater than 85% (0.85) ideal body weight”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.

Episode Week 4-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Finding within last week Symptom Eating disorder	Removed “Weight loss and weight greater than 85% (0.85) ideal body weight”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023. Ideal body weight is no longer a preferred eating disorder weight measurement.

## Outpatient

Episode Week 2-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Finding within last 5 authorized visits Symptom New presentation or increasing or uncontrolled Disruptive or impulse-control or conduct disorder and associated symptom	Removed “Brandishing a weapon”	Updated as a higher level of care is indicated for a patient who brandishes a weapon and is in outpatient treatment

# Review and Incorporation of Recent Medical Literature

Optum, Inc. is committed to keeping the InterQual product suite current and accurate. Criteria are continually reviewed and updated, with new editions of every product released at least annually. Optum's staff of physicians, nurses, other licensed healthcare professionals, and its extensive array of primary care and specialty consultants participate in ongoing criteria revision as new medical information emerges. Each release of the criteria reflects a thorough review of new medical literature, society guidelines, current practice standards, and incorporation of expert clinical consultant and user feedback.

## Additional Resources

### InterQual® Resource Center

The [InterQual Resource Center](#) is a central location for the most up-to-date InterQual clinical documentation and resources.

The Resource Center provides access to:

- What's New—Includes release highlights for each of the InterQual® Criteria modules included in a content release.
- Clinical Revisions—Includes the clinical revisions for the current InterQual Criteria year and two years prior.
- Clinical Resources—Includes information such as the Knowledge Articles, the Known Issues List, and more.
- Webinars—Includes the Increase Your IQ educational webinar recordings.
- Additional Resources—Includes access to resources such as Customer Care Hub, the InterQual® Learning Source, and Download Connect.

### Accessing Customer Care Hub

[Customer Care Hub](#) is a web portal that enables you to submit, update, and view support case details and status.

To obtain a user ID and password, from the Customer Care Hub Welcome page, select Request Account.

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**Edinburgh Postnatal depression scale:** Cox, J.L., Holden, J.M., and Sagovsky, R. 1987. Detection of postnatal depression: Development of the 10-item Edinburgh Postnatal Depression Scale. British Journal of Psychiatry 150:782-786 .K. L. Wisner, B. L. Parry, C. M. Piontek, Postpartum Depression N Engl J Med vol. 347, No 3, July 18, 2002, 194-199

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Third Party	Link to Calculator
Merck Manual - MD Calc	<a href="https://www.merckmanuals.com/medical-calculators/CommunityAcqPneumonia-ja.htm">https://www.merckmanuals.com/medical-calculators/CommunityAcqPneumonia-ja.htm</a>
Social Security Actuarial Life Table (I)	<a href="https://www.ssa.gov/oact/STATS/table4c6.html">https://www.ssa.gov/oact/STATS/table4c6.html</a>
Fracture Risk Assessment Tool (FRAX)	<a href="https://www.sheffield.ac.uk/TBS/">https://www.sheffield.ac.uk/TBS/</a>
Breast Cancer Risk Assessment Tool	<a href="https://bcrisktool.cancer.gov/">https://bcrisktool.cancer.gov/</a>
BRCAPRO	<a href="https://projects.iq.harvard.edu/bayesmendel/brcapro">https://projects.iq.harvard.edu/bayesmendel/brcapro</a>

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Third Party	Link to Calculator
CanRisk (BOADICEA)	<a href="https://canrisk.org/about/">https://canrisk.org/about/</a>
UNC	<a href="https://www.med.unc.edu/mfm/nips-calc">https://www.med.unc.edu/mfm/nips-calc</a>
Marfan Foundation	<a href="http://www.marfan.org/dx/zscore">http://www.marfan.org/dx/zscore</a>
Marfan Foundation	<a href="https://marfan.org/dx/score/">https://marfan.org/dx/score/</a>

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